

PARSEŃA RIVER TROPHY 2026

"ParseŃa connects us"

NOTICE OF RACE (NOR)

Published: November 16th, 2025

Last revision: none

List of changes: see NoR P.20

1. DATE, ORGANIZER, LOCATION

- 1.1. Date : 16-17 May 2026, Saturday – Sunday.
- 1.2. Organizer: ParseŃa River Trophy Association.
Patronage: Mayor of Kołobrzeg, Starost of Białogard, Mayor of Karlino.
Partners: Kołobrzeg Institute of Culture and Promotion – Kołobrzeg Regeneration, Kołobrzeg Seaport Authority, Regional Centre of Tourism and Sports in Karlino, Water Sports Academy mksailing Kołobrzeg, Canoa Cup Kayak, Kajaki-Kołobrzeg, Bass - Polish manufacturer of SUP boards.
- 1.3. Locations on the ParseŃa River:
 - a. START of the 47km marathon: [Karlino , beach at bridge on the Radew River](#)
 - b. START of the 24km half marathon: [Bardy, bridge, northern side of the river](#)
 - c. FINISH common for both distances: [Kołobrzeg Solanka](#),A detailed map of both routes with description, instructions and photos: [LINK](#)
- 1.4. Classes: inflatable SUP boards (iSUP), hard SUP boards (SUP), single kayaks/canoes (K1), double kayaks/canoes (K2), inflatable kayaks (KP), vessels for at least 4 people, e.g. mega SUPs, pontoons, boats or canoes (MULTI).
- 1.5. The 47km marathon is designed for advanced participants who can maintain a paddling pace of at least 6km/h in still water for 7 hours.
The 24km half marathon is intended for all people comfortable on paddling trips.
- 1.6. Only the SUP, iSUP, K1 and K2 classes take part in the 24km half marathon.
All classes SUP, iSUP , K1, K2, KP and MULTI take part in the 47km marathon .
- 1.7. Any vessels propelled solely by a paddle may participate in the regatta, provided that such a vessel provides safe buoyancy and the crew is capable of swimming.
- 1.8. The regatta will be part of the Polish SUP Tour regatta <https://polishsuptour.pl> and the Canoa Cup marathon series www.canoa.com.pl



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2. CONDITIONS OF PARTICIPATION

Registration for the competition constitutes acceptance of below. By registering, the participant declares that:

- a. he/she is taking part in the competition at his/her own risk,
- b. he/she will comply with all provisions of this NoR,
- c. he/she is able to swim,
- d. he/she has no health contraindications to practicing water sports, in particular kayaking and SUP, to performing intense physical effort and participating in sports competitions,
- e. his/her health condition at the time of starting is good and he/she has no chronic diseases or other ailments that could be a contraindication to participating in the competition,
- f. he/she has become familiar with [the PRT route map](#) and [information on hazards](#) that may occur on the river (spurs, rapids, currents, debris flows, etc.),
- g. he/she will not participate in the competition under the influence of alcohol or intoxicants or substances that impair psychomotor skills,
- h. he/she is fully financially and legally responsible for any damage caused to other participants, third parties or their property during the event,
- i. he/she is responsible for the destruction, damage, loss or abandonment of the rented equipment and undertakes to cover the costs of repair, replacement or purchase of new equipment, in accordance with the quote from the organizer or equipment owner.

3. APPLICATIONS, REGISTRATION, ENTRY FEES

- 3.1. Applications are accepted by completing [the Registration](#) Form and accepted provided that all required data is submitted and the entry fee is paid.
- 3.2. On behalf of a minor, the provisions of the NoR are accepted by an adult who is the parent or legal guardian under whose care the minor remains during the competition. Parental/legal guardian consent – for minors ([attachment available on ONB](#)) – must be submitted by email to marek@parsetarivertrophy.pl by 8:00 PM on May 15, 2026, and the original submitted to the organizer at the pre-race briefing.
- 3.3. The organizers reserve the right to accept, reject, or cancel participant applications. The organizer may remove a participant from the race if the participant is deemed physically unable to continue .
- 3.4. The entry fee is PLN 150 for adults and PLN 100 for minors. The entry fee in PLN should be transferred to the account of the Parsęta River Trophy Association provided in the registration form. In the event of a participant's withdrawal, the entry fee is non-refundable, but the participant will be able to register for the PRT the following year at half price.
- 3.5. In the event of race cancellation due to force majeure, the entry fee is non-refundable. Force majeure means any unforeseen event, the timing and manner of



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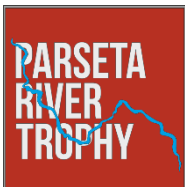
which the organizer cannot control or prevent.

4. EQUIPMENT, EQUIPMENT REGISTRATION

- 4.1. All boards and single-blade paddles will be accepted for SUP competition.
- 4.2. All types of kayaks and canoes will be accepted for KAYAK competition, provided they are used for their intended purpose.
- 4.3. All vessels with a minimum crew of four people, propelled by a paddle, will be admitted to the MULTI competition, provided that such a vessel ensures safe buoyancy.
- 4.4. Those wishing to rent a free kayak with a paddle and life jacket should report this during registration. The number of kayaks is limited. Single- and double-person kayaks will be available, assigned on a first-come, first-served basis.
- 4.5. The use of phones, cameras, timers, compasses, trackers and devices that record or transmit satellite positions will be permitted.
- 4.6. Participants competing on a SUP board must complete the equipment registration form, providing their board's parameters: [\[REGISTER by clicking\]](#).
- 4.7. Participants competing in kayaks must complete the equipment registration form, providing their kayak's parameters: [\[REGISTER by clicking\]](#).
- 4.8. Participants competing in MULTI vessels must register their team and provide their captain and vessel details by email: marek@parsetarivertrophy.pl

5. PROGRAM

Date	Activity	Time.	Location
16.05.2026 Saturday	Meeting of people in need of transport from Karlino	0800	Kołobrzeg, Marina Solna
	Departure of the transport to Karlino	0830	Kołobrzeg, Marina Solna
	Meeting and briefing	0930	Karlino,
	Start SUP, iSUP, KP, MULTI	1000	Karlino marina, marina
	Start K1, K2	1045	Karlino, marina
	Meeting of people in need of transport from Bardy.	1030	Kołobrzeg, Marina Solna
	Departure of transport to Bardy.	1115	Kołobrzeg, Marina Solna
	Meeting and check-in in Bardy	1215	Bardy, bridge
	Start SUP, iSUP, KP, MULTI	1230	Bardy, bridge
	Start K1, K2	1300	Bardy, bridge
17.05.2026 Sunday	Ceremony	1900	Kołobrzeg, Marina Solna
	Evening Party	2000	Kołobrzeg, Marina Solna
	Paddle Parade	1100	Kołobrzeg, Marina Solna
	End	1300	Kołobrzeg, Marina Solna



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6. AGE CATEGORIES

The main classification for both distances will be conducted for participants of all ages (OPEN – read: open to everyone). Additionally, the Open classification will be separated into classifications for the following categories and classes:

- a. Junior U19 (SUP, iSUP, K1) – participants born in 2008 or later,
- b. Master M40 (SUP, iSUP) – participants born in 1986 or earlier,
- c. Grand Master GM60 (K1) – participants born in 1966 or earlier.

7. RACE RULES

- 7.1. Participants are obliged to observe the principles of fair play.
- 7.2. Deliberate ramming, pushing, or performing actions that cause harm to other participants or damage to their equipment is prohibited.
- 7.3. Additional regulations will apply to SUP competitions:
 - a. drafting – no restrictions,
 - b. it is forbidden to row in a sitting or kneeling position in order to overtake a participant swimming in a standing position or maintaining position after being overtaken participant swimming in a standing position, regardless of weather conditions,
 - c. in the 47km marathon there is a gentleman's rule that the total the distance covered in a position other than standing may not exceed 10% of the route. This rule does not apply in the event of a strong headwind but does not exempt this exempts the participant from the obligation to comply with the rule 7.3.b.

8 SAFETY REGULATIONS

- 8.1. The participant undertakes to:
 - a. strictly adhere to the instructions of the organizer, security services, lifeguards, and volunteers performing security functions,
 - b. always use safety equipment in accordance with its intended purpose,
 - c. start with a switched-on, flood-proof mobile phone and saved contact numbers of the lifeguards and the organizer. These numbers will be provided in a special notice 24 hours before the start,
 - d. exercise extreme caution when negotiating natural and artificial obstacles on the river, including groynes, rapids, water and underwater obstacles,
 - e. discontinue participation in the competition in the event of a deterioration in health or other circumstances that prevent the safe continuation of the race.

In such a situation, the participant must notify the organizer or lifeguards, stating the reason and [location of the departure from the route](#), and may not turn off their GPS tracker GPS until the rescuer arrives .
- 8.2. **Mandatory safety equipment:**
 - a. SUP and iSUP participants: mobile phone, and SUP juniors additionally a life jacket or buoy,



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- b. other participants: buoyancy jacket and mobile phone.
- 8.3. **Recommended equipment** for all participants: buoyancy jacket, helmet, dry change of clothes, drinks, energy supplements. We do not recommend using SUP leashes or bulky life jackets with water bladders, as they may be dangerous when overcoming obstacles on the river.
- 8.4. It is prohibited to take any animals on board vessels.
- 8.5. Participants are advised to purchase third party liability insurance in the event of damage to other participants and personal accident insurance tailored to their individual needs.
- 8.6. Races may be suspended or interrupted if circumstances arise that threaten the safety of participants.

9. START AND FINISH, START PROCEDURE

- 9.1. Water start - no part of the vessel crosses the starting line before the signal.
- 9.2. Water finish - the participant finishes the race when the bow of his/her vessel crosses the finish line.
- 9.3. Start procedure:

Signal	Meaning	Type of sound
Preparation	60 seconds to go	three short ■ ■ ■
Warning	The start will take place no later than in the next 10 seconds	two short ones ■ ■
Start	at any time within 10 seconds after the warning signal	One long —————
False start	Back to the starting line	Five short ■ ■ ■ ■ ■

- 9.4. Starting point 47km for SUP, iSUP, K1, K2 - [Karlino , at the railway bridge](#)
Starting point 24km for SUP, iSUP, K1, K2, KP, MULTI - [bridge near the village of Bardy](#)
Finish line in Kołobrzeg - [Kołobrzeg, Solanka](#)
- 9.5. The starting line closing time for all classes and distances is 10 minutes.

10. PENALTY SYSTEM AND PROTESTS

- 10.1. The penalty for breaking the NoR will be disqualification or a time penalty.
- 10.2. A participant will receive DISQUALIFICATION for:
- lack of mandatory safety equipment,
 - starting with equipment that does not comply with Rule 4,
 - criminal violation of the fair play principle,
 - deliberate ramming, obstruction causing harm to other participants or damage to their equipment,
 - for persistently breaking the gentleman's rule of the SUP for the 47km marathon.
- 10.3. The participant will receive a TIME PENALTY added to his/her finish time for each



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time he/she breaks the following rules:

- a. false start = 30 seconds,
- b. missing the mandatory portage = 120 seconds,
- c. SUP paddling in a position other than standing in order to overtake or maintain position after overtaking a paddler in a stand-up position = 60s
- d. breaking the gentleman's rule of the 47km SUP marathon = 60s for each incorrect kilometer covered,
- e. and other non-listed rule violations may also be penalized with a time penalty at the judges' discretion. Such time penalty will be three times the approximate time advantage the participant gained by breaking the rule.

- 10.4. A participant may file a protest against another participant upon crossing the finish line, informing the judge of their intention to file a protest. A protest must be filed upon the submission of witnesses or an admission of guilt by the protestee. [The Protest Form must then be completed](#) within 30 minutes . Protests will be heard with the participation of both parties and the designated witnesses before the closing ceremony.

11. CLASSIFICATION

- 11.1. The main classification for each distance will indicate the participant's place at the finish line after taking into account time penalties. A participant who starts but does not cross the finish line will receive a DNF result. A participant who is disqualified will receive a DSQ result .
- 11.2. Classifications for age categories will be separated from the main classification.
- 11.3. Additionally, a joint weighted ranking will be created combining the main classifications for both distances. The classification will be based on average speed and compensation factors. [The ranking](#) will be used solely for PRT promotional purposes and will be published on 18.05.2026.

12. PRIZES

- 12.1. All participants will receive commemorative prizes pins with diplomas.
- 12.2. The names of the winners of each category will be permanently placed on the "Where Eagles dare" competition statue, which is displayed year-round at the Marina Solna in Kołobrzeg.
- 12.3. A surprise prize with an approximate value of PLN 1,500 will be drawn among participants who have completed any distance.

13 IDENTIFICATION AND ADVERTISING

- 13.1. Each participant will receive a sticker with their assigned starting number, which must be affixed to the port bow of the vessel.
- 13.2. Each participant and their equipment may display advertising for their sponsors, clubs or other regattas. Participants may not advertise other regattas without the organizer's consent.



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14 COMMUNICATION

- 14.1. The Official Notice Board will be available on the [ONB Online Notice Board](#).
- 14.2. General information is available at:
<https://www.parsetarivertrophy.pl/>
<https://www.facebook.com/ParsetaRiverTrophy>
- 14.3. Communication with participants on the ["Parseta River Trophy" group](#)
Telegram Messenger – install from [GooglePlay](#) or [AppStore](#)



15 MEDIA RIGHTS

- 15.1. By registering for the competition, participants and their accompanying persons, in accordance with the GDPR, consent to the free use of their image by the organizer and sponsors in all photographic, film, and other promotional and media materials recorded during the competition in all fields of use.
- 15.2. All photographic, video, and other media content created during the Parseta River Trophy competition remain the exclusive property of the organizer. No person, participant, team, company, sponsor, or third party has the right to use, reproduce, distribute, or modify these materials for commercial purposes or to promote any event, brand, or activity other than the Parseta River Trophy, without the prior written consent of the organizer. Participants may share photos and videos from the event on their personal social media, as long as they are not used for commercial or promotional purposes for other events or brands.

16 DOPING

The Organizer is unequivocally opposed, for ethical and medical reasons, to the practice of doping in sport. We fully support the Olympic Movement and the Polish Anti-Doping Agency in their fight against the use of prohibited substances and doping methods. The Organizer adheres to the PAA Code as a way to ensure a clean, healthy environment and fair atmosphere during sports competitions.

17 LIMITATION OF LIABILITY

All participants participate in the marathon at their own risk and responsibility. Participants are aware of the hazards that may arise during the regatta on the section from Karlino to Kołobrzeg. The organizer, partners and sponsors, the judging panel, and any party associated with the organization of the event are not responsible for any losses, damage to equipment, loss of life or health, or disruptions to persons or property, both on land and on the water, resulting from participation in the event. No action taken or omitted by the organizer releases participants from liability for any damage caused by the participant or their equipment. It is the individual decision and responsibility of each participant to decide whether to start or discontinue the race at any time, taking into account their own safety, the safety of other participants, and



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third parties. Each participant or their representative agrees to these terms by completing the entry form.

18 PRACTICAL INFORMATION

Transportation for participants requiring personal transportation and equipment to the starting line in Karlino 47km will depart from the Solna Marina in Kołobrzeg at 08:30. Meeting for these individuals will be at 07:45, and for participants starting from Bardy 24km at 10:30.

Those who do not require transportation from the Solna Marina do not need to be present before the start in Kołobrzeg and should arrive at the appropriate start line 45 minutes before the scheduled start. Inflatable equipment may only be transported rolled up in a designated backpack or bag. This equipment will be inflated at the start line.

Parking and overnight accommodation in your own tent, caravan, or camper will be free at the Solna Marina from May 14-17, with prior registration.

The organizer will deliver **a change of clothing** from the start to the finish line. However, it is recommended to have spare dry clothing in a waterproof bag on the boat in case of a fall in the water.

The organizer will prepare two **hot meals** for participants:

- the first at the finish line on Saturday,
- the second on Sunday after the Paddle Parade.

Nutrition stations for the 47km marathon: at the portage in Pyszka (17km of the route), in Kopydłówko (36km of the route), and at the finish line. Nutrition station for the 24km half marathon in Kopydłówko (13km of the route) and at the finish line.

Participants who do not have the provided trackers and record **GPS tracking on their own devices** are asked to share with the organizer a link to their live location (livetracking) just before the race at: marek@parsetarivertrophy.pl

The Paddle Parade on Sunday will be a fun event aimed at having fun, team-building, a costume contest, and promoting water activities through a themed rowing trip. Participation in the Parade will be free and open to participants, even those who did not compete in the marathon or half-marathon the previous day.

Route: Marina Solna – Kamienna Bridge – Lighthouse – exit to the Baltic sea and Kołobrzeg Pier (conditions permitting) – return to Marina Solna.

Duration: 2 hours. The theme and competition rules will be announced in the next update.



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19 CONTACT DETAILS

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Kayak rental <https://kajaki.kolobrzeg.pl/kontakt>
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PRT route map : [CLICK](#)
Website: <https://www.parsetarivertrophy.pl/>
Telegram messenger: <https://t.me/parsetarivertrophy>
Notice Board: [Online Notice Board ONB](#)

Facebook: <https://www.facebook.com/ParsetaRiverTrophy>
Instagram: https://www.instagram.com/parseta_river_trophy/
Photos: <https://eu.zonerama.com/ParsetaRiverTrophy>
YouTube: <https://www.youtube.com/@ParsetaRiverTrophy>

Polish SUP Tour TM
Website : <https://polishsuptour.pl/>
Facebook: <https://www.facebook.com/polishsuptour>

Copying, processing and disseminating these regulations in whole or in part without the consent of the organizer is prohibited.

20 LIST OF CHANGES

First publication.